



# WAUKEGAN FIRE DEPARTMENT

***FILE OF LIFE***  
***IT COULD SAVE YOUR LIFE.***

The **File for Life** is a free program designed to help your Fire Department Paramedics obtain your necessary medical history and emergency contact information in an emergency.

The packet you receive will include the following:

- 1. A Refrigerator Magnet File of Life Holder:** It's a red plastic pocket labeled **File for Life** and contains a card with vital information on it such as Name, emergency/medical contacts, medications, dosages, allergies, recent surgeries, religion, doctor's name, a health proxy, etc.
- 2. A Door Sticker:** Place this sticker on your front door or your primary entry door, alerting EMS personnel that **File of Life** information should be on the Refrigerator in your home.
- 3. A Pocket/Purse/Wallet File:** It is a smaller version of the Refrigerator **File of Life** red plastic pocket with the same medical information on it. This smaller version can be carried with you at all times.

Citizens of Waukegan can call the Waukegan Fire Department at 847-625-6335 for more information or to make arrangements to receive a free **File of Life** packet. Or stop by the Main Fire Station #1 at 1101 Belvidere St., Waukegan, IL 60085.

